



LEADERSHIP STARTS WITH YOU

**LEADING YOURSELF FIRST SO
YOU CAN LEAD OTHERS FARTHER**

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ABSTRACT

In the dynamic landscape of leadership, new managers face the challenge of not only navigating the complexities of their roles but also earning the trust and respect of their teams. Uncertainty can be paralyzing. The new role feels heavier with each passing day. And trying to control everyone and everything around them isn't working. In fact, a 2023 study showed that nearly 40% of U.S. workers feel "stress or anxiety about going to work" because they have a first-time manager or leader who seems unprepared to take on the leadership role.

This fast-paced presentation is tailored for emerging leaders seeking to enhance their competence and credibility by honing the often-overlooked skill of self-leadership. Tim will unravel the critical link between leading oneself effectively and the subsequent impact on leading others. We will delve into the core belief that true leadership begins from within, emphasizing the need for self-awareness, resilience, and a proactive mindset.

Participants will leave with actionable steps and practical tools to immediately apply in their roles, ensuring a seamless transition into effective leadership. By mastering self-leadership, these new managers will not only bolster their own professional growth but will also create a ripple effect, positively influencing their teams and the broader organizational culture.

LEARNING OBJECTIVES

In This Session, You'll Learn How To:

- Gain Leadership Clarity The Moment You Walk Into The Room
- Identify The Most Powerful Way To Influence Those Around You
- Discover How To Leverage Your Strengths And Weaknesses For Success
- Develop Practices That Help You Manage Your Thoughts, Emotions And Beliefs
- Uncover The Steps To Be A Hero For Your Team

TESTIMONIALS

"Tim taught a session to all my general managers. The content was amazing. Another group asked to open the walls between rooms just to see. He had everyone laughing and learning."

–Robert Hensmen, Director Of Operations, Love's Travel Stops

"Working with Tim brought me more confidence as a leader and business owner. Having him coach and train my team is one of the best investments I've made in myself and my business."

–Brandy Black, Team Leader, Keller Williams Realty, Inc.

